

True Love Waits : Session 1

Discuss the notion of “purity”

- Ask the kids to define this word. What does it mean? How do they think of it?
- Clarify the difference between understanding “purity” in terms of a LINE between “pure” and “un-pure” vs. think of it in terms of striving for God’s best.
- John 10:10 “life to the full”

Give youth the opportunity to respond to the following statements: (AGREE/DISAGREE)

- There is no problem with having sex with someone you plan to marry.
- Kissing can lead to further sexual activity.
- The movies, magazines, web sites, and books you consume can directly affect your sexual purity.
- Remaining abstinent helps you have a clear conscience before God.
- You can do anything in a dating relationship except sexual intercourse and still be sexually pure.
- Remaining sexually pure is God’s plan for your life.
- Everyone is having sex.
- It is impossible for teenagers to remain pure in the 21st century.
- If you never have sex but you look at pornography, you have remained sexually pure.
- If you have already had sex, you can never be sexually pure; you might as well give up.
 - Debrief this activity and give youth a chance to comment or ask questions.

God is the author/creator of SEX. It was God’s idea and God knows what SEX is for

- People are created for relationships and sex is the ultimate way for two humans to connect
- This kind of bond is intended to keep people together through conflict, children and life in general
- God designed sexuality to be something good, wonderful, holy and when we use SEX in a way other than what God intends, it’s going to be disappointing and leave us with pain and regret.
- Image of sex as a fire. Fire when used with proper respect and in proper circumstances can give us warmth, light, heat, cook food, etc. when we don’t respect it, we can get burned, hurt other people or cause serious damage, etc.

We are designed to be sexual beings, so how do we keep from hurting ourselves or others?

- “guard our bodies” – illustration of how a guy would treat a car that he worked long and hard to purchase as compared to how he would treat a car that he had been given for free.
- “guard our emotions” – talk about how attraction/intimacy/etc. work; difference in our passionate love for God vs. our passionate love for others
- “guard our minds” – what are we thinking about? What are we spending our time doing?
“garbage in, garbage out.”
 - Which of these three is most difficult to guard against.